

Students Wanted!

nourish.NJ
feed lives . fuel futures



VITAL VEGGIES



We believe *everyone* in our community deserves access to nutritious, culturally relevant food. nourish.NJ runs a Free Farmer's Market for anyone in need.

HOW YOU CAN HELP?

1. Organize a fundraiser to help nourish.NJ purchase market food.
2. Select veggies, milk or eggs from our commercial supplier's list to be paid for by your fundraiser. We will place the order.
3. You can then volunteer at our market, serving the produce that you helped purchase!



THROUGH OUR VITAL VEGGIES PROGRAM

Youth gain leadership skills and confidence as they learn the importance of community, creativity and caring for others. Students also learn how non-profits function - and the value of purchasing in bulk commercially!

For more information Contact Heidi G. at heidi@nourishnj.org