



SPRING NEWSLETTER

“During the month of February, we experienced one of the highest number of case-management service requests that we’ve ever had, with many individuals and families stating their concern over losing SNAP funds.”

DOMINIQUE BORDENABE (THEY/SHE)
DIRECTOR OF PROGRAMS

Changes to SNAP

Effective March 1st, 2023, New Jersey rescinded its SNAP Emergency Allotments that were put in place during the Covid-19 outbreak. SNAP, which stands for **Supplemental Nutrition Assistance Program**, is relied on by about *40 million people across the United States*. This major change in food assistance will deeply affect many of our neighbors. This is because the loss of funds from SNAP allotments cause individuals and families who rely on this program to put more of an already limited income towards food. This leaves less income to go toward other essentials such as rent, healthcare, and utilities. The abrupt change in SNAP funds, in addition to continued inflation, will cause the demand for our programs and services to continue to increase.

National Nutrition Month

March is **National Nutrition Month!** The name comes from a campaign that began in 1973 created by the Academy of Nutrition and Dietetics. Because nourish.NJ prides ourselves on our dedication to providing our guests with healthy, delicious and nutritious meals, recognizing National Nutrition Month is very important to our organization. Our prioritization of nutrition and fresh food sets us apart from other organizations that focus on food insecurity. In addition, we have a wonderful head chef, staff, and volunteers that make sure our food programs are led and carried out with care.

Our Expansion

If you’ve been following nourish.NJ for a little while, you’ve probably heard about our new, 6,000 square foot building in Victory Gardens! We’re thrilled to share that in the coming months, our new Community Hub in Victory Gardens is expected to open to the public, allowing us to support thousands more of our neighbors in creating lasting solutions to hunger, homelessness and poverty. Specifically, our new building will create increased access to healthy meals, fresh produce, meat and dairy, and an increased capacity for our housing and employment assistance programs. We are so grateful for this, and for the many ways we have already been able to expand our reach thanks to donors like you.



This last year has presented us with many challenges, but the strength and generosity of our community has enabled us to continue offering supportive programming and services to our neighbors, creating space for our guests to prosper and grow.