

# Caring Connecting Changing Lives

Thanks to you



## 2018 Annual Report



*The mission of the Community Soup Kitchen & Outreach Center is to provide nutritious meals in a warm, safe and caring environment, free of charge, no questions asked, to anyone who comes seeking nourishment.*

*As part of our hospitality, we also encourage and assist our guests in accessing community resources, services and educational programs.*

## Letter from the Executive Director



**Executive Director**  
*Teresa Connolly*

Another year has passed, and once again we are overwhelmed with gratitude for the tremendous support given to our Community Soup Kitchen & Outreach Center. Your commitment and generosity has helped us fulfill our mission of caring for and feeding our most vulnerable neighbors.

Whether it's a volunteer serving meals to our guests, a corporate team working behind-the-scenes or a group of students joining our Hunger Walk, every effort makes a difference. And every gift – no matter how big or small – directly assists our guests.

In addition to providing nutritious food and outreach services, we extended our reach into the surrounding community to help our guests get the care they need beyond our walls. With your partnership, we hope to make each and every guest self-sufficient so that our services are no longer needed. But for now, as long as hunger and homelessness remain a growing problem in our area, we'll keep feeding and caring for our neighbors in need. And your continued support is what makes that possible.

Because of our dedicated donors and committed volunteers, every guest who walked into our dining room this past year was welcomed, offered a nutritious meal and given individual help to get back on track. Thank you for providing nourishment, comfort and hope to our guests, each and every day. We would not be able to achieve our goals without you.

With your help, we hope to make 2019 our most fruitful year yet.

Many thanks,

A handwritten signature in black ink that reads "Terry". The signature is written in a cursive, slightly stylized font.

**Terry**  
Executive Director



## **OUR 2018 ACHIEVEMENTS**

**77,000 meals served**

**650,000 pounds of  
produce and vegetables redistributed**

**22 guests employed**

**18 guests housed**

# OUR IMPACT AND YOURS



Thanks to you, The Community Soup Kitchen and Outreach Center has been able to make major strides in our three impact areas: Health and Wellness, Employment, and Housing.

# HEALTH AND WELLNESS

Food is the heart of our operation. It's what we're best known for, and it's the most visible way we connect with our community. In 2018, we served over 77,000 nutritious meals and distributed over 650,000 pounds of fresh produce through our Free Farmer's Markets. It's important to us to provide fresh, healthy options for our guests not only for their enjoyment, but for their benefit. Eighty-five percent of our guests suffer from chronic health issues whose effects can be alleviated by healthy diets. By helping them improve their diet we're also helping them improve their lives.

Through our Free Farmer's Markets, we're reaching more families with children. Coupled with our Growing Healthy Kids and Summer Lunch programs, we're educating kids on the value of healthy eating as well as working to reduce and eliminate childhood obesity.

But diet alone isn't the only factor. To manage their health, it's critical to connect our guests with medical and health services they may not get otherwise. With your support, we are able to offer ongoing medical case management for guests with conditions such as hypertension, HIV and diabetes. Atlantic Health's Community Nurses conduct weekly health screenings in the dining room, during hours that are convenient for working families. Additionally, the Zufall Health Center Mobile visits us once a month to ensure our guests are healthy and happy.



# EMPLOYMENT

Tara Ryan, *Director of Programs and Services*



The Outreach Center's greatest strength is its ability to adapt its programs and services to best meet the needs of each individual guest. Whether it's providing toiletries and clothing to families, providing case management services for over 200 guests, or collaborating with local organizations specializing in health, mental health, education and more, our Outreach Center casts a wide net. One of the areas where we've made the biggest strides is employment.

In 2018, we helped find employment for 22 guests, totaling 80 people in last three years. Finding a job that best suits a guest's skillset and lifestyle requires dedication. Due to myriad reasons, some of our guests have been out of the work force for a number of years. They need help taking the first step and adapting to the current work environment. Through our HIRE program, our Outreach staff provides resume assistance, interview preparation, transportation assistance, and any assistance needed to secure and keep the job.

# HOUSING

For many of our guests, we provide a sense of stability. This is an expensive area to live in, and securing affordable housing, even for those employed full-time, can be a major financial stressor. We want to ensure that when a guest leaves us, they have somewhere safe to go home to.

In 2018, The Outreach staff secured permanent housing for 18 guests, bringing the total to 67 guests in the last three years. Through donations, we are able to provide guests with enough for a security deposit, as well as on-going housing case management. But the work doesn't end when the guests pick up their keys. The Outreach staff stays involved in their lives to make sure they're receiving the necessary support services. Sometimes it's as simple as stopping by to drop off a meal, but it makes a big difference.

It's not just about getting people into houses; it's about helping them create homes. Whether it's assistance with making a budget or soliciting donated items to help them furnish their new place, we are creating the structure and safeguards to help them build a life.

Manny Diaz, *Outreach worker*



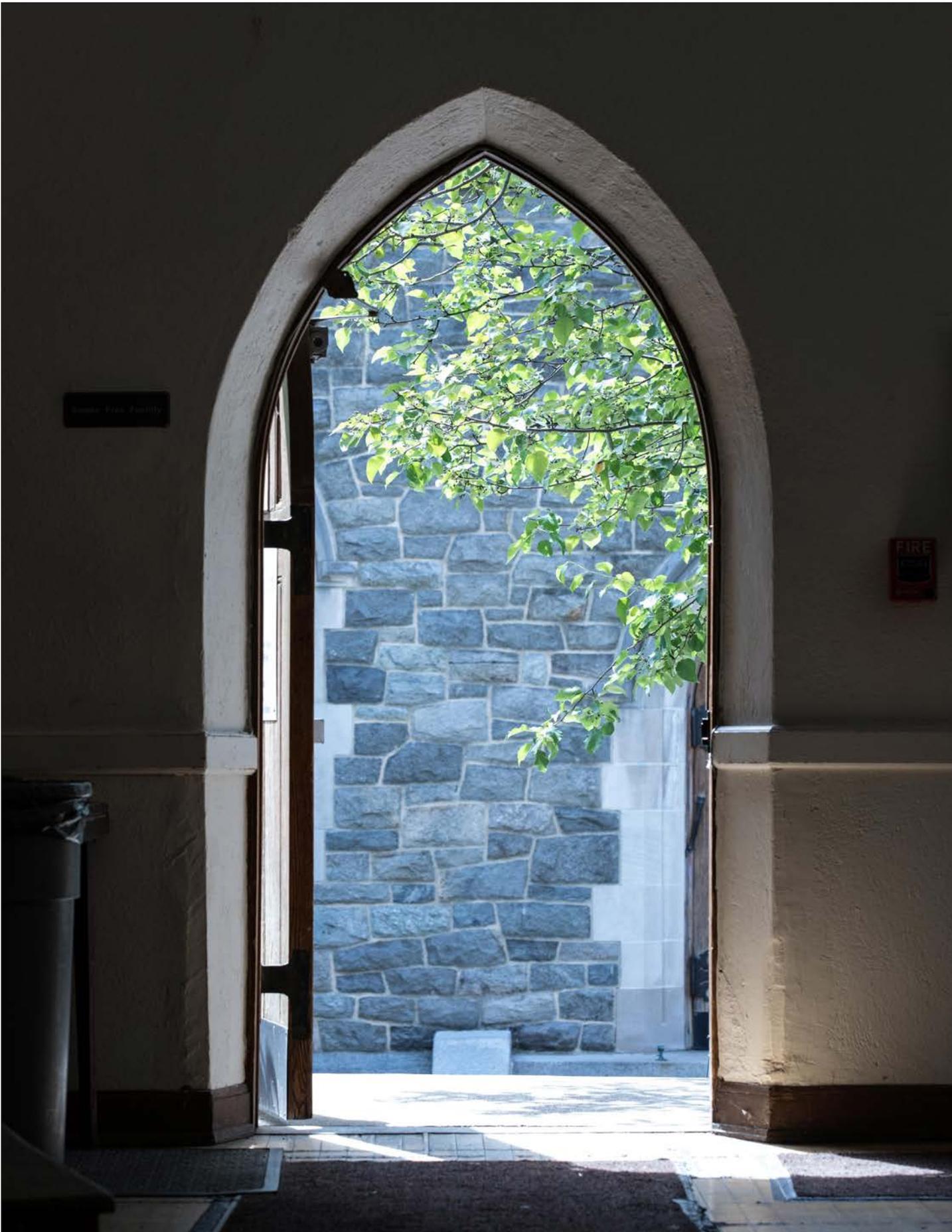
# THE ROAD TO SELF-RELIANCE

One guest who exemplifies our mission to ensure others get the care they need beyond our walls is Greg. At the age of 18, Greg became homeless. With no family to turn to, he was unable to finish high school. Greg was a good kid, kept mostly to himself and didn't cause trouble. He spent his days reading in the library to keep warm and to dry his wet clothes when necessary. Greg lived outside with three friends he made at Community Soup Kitchen, which he now calls his "new family." He came to the soup kitchen for hot meals, but mostly stayed under the radar—he didn't even share his last name with the Outreach staff for three years. Then, the bad winter of 2017 hit. Outside and wet during bitter snowstorms, Greg could no longer stand the freezing temperatures and asked Manny, our Outreach Worker, for help. The outreach staff immediately advocated for a motel where Greg could stay while diligently working to find him temporary housing.

Next, our Director of Programs and Services Tara encouraged Greg to enroll in an educational Job Preparedness program. While Greg was attending the class, he was unable to come to the soup kitchen for lunch. Fortunately, Tara provided Greg with plenty of take-home food each week so he could bring his lunch to class. Tara also wanted to do something special for Greg to acknowledge his efforts and hard work. On Super Bowl Sunday, she brought him his favorite snacks—including Doritos and Dr. Pepper, which he had not had in five years!

Once Greg completed the work-study program, our Outreach staff helped him find a job as a busboy. Greg's dedication was recognized by his manager, who promoted him to line cook. Greg was so proud of his accomplishment he asked Tara to take his picture in his uniform to show the rest of the CSK staff! Greg worked hard and, with the outreach staff help, was able to find an affordable apartment.

Greg is now self-sufficient and happy. He saved his money to buy himself a gift he always wanted—a PlayStation!



# YOUR IMPACT



The Community Soup Kitchen and Outreach Center receives no government funding; our work is made possible through the altruism of donors like you. Not only have your efforts helped keep our doors open for 35 years, they have allowed us to expand into realms of aid we did not think possible when we were first founded. Ninety percent of our expenses go toward our programs. Because of you, children received backpacks for school; families received flu shots and warm clothes before a brutal winter; veterans received crucial services; parents received groceries to prepare a home cooked meal for their families. You've made a difference in the lives of our guests, and for that we can't thank you enough.

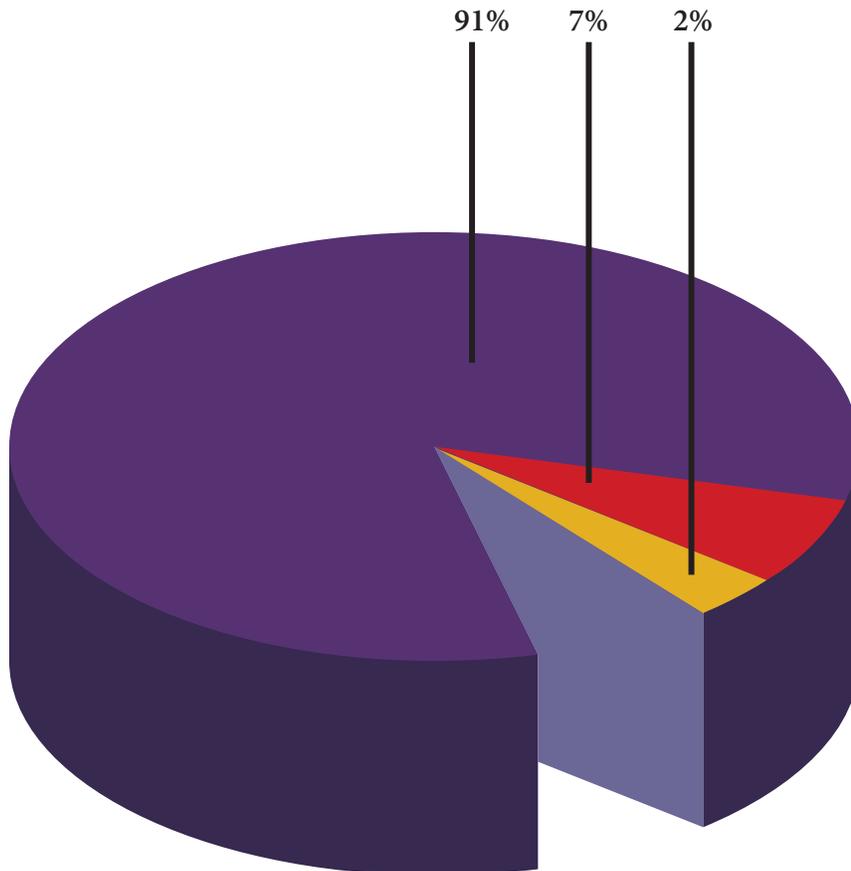
You've also made a difference in our lives. Because of your donations, we were able to hire another social worker for the Outreach Center, as well as an office manager who provides support to every member of our staff while ensuring our financial and administrative operations are run efficiently. In 2019 we plan to extend into new programs, new ways to enrich our guests lives, and it's all thanks to you.

A full list of our donors is available on our website.

# 2018 FINANCIAL SUMMARY

## REVENUE

Individuals	\$ 430,000
Foundations and Grants	\$ 326,000
Corporate Gifts	\$ 248,000
Congregations	\$ 52,000
Events: Hunger Walk and Share the Bounty	\$ 240,000
Donated Food	\$ 750,000
Volunteer Services	<u>\$ 450,000</u>
<b>Total</b>	<b>\$ 2,496,000</b>



**We spent 91 percent on Programs, 7 percent on Administration, and 2 percent on Development.**

The Community Soup Kitchen and Outreach Center is a non-profit tax-exempt 501(c)(3) organization (22-3084025)



36 South Street  
Morristown, NJ 07960

Return Service Requested

## BOARD OF DIRECTORS

**President, Shari Hoffman**  
**Adath Shalom, Shari Hoffman \***  
**Brookside Community Church, Sue Browse**  
**Calvary Baptist, Dawn Walker**  
**Church of the Assumption, Annaliese Schneider-Rush\***  
**Church of the Redeemer, Chris Hill**  
**First Presbyterian Church of New Vernon, Jane Kendall**  
**Florham Park Churches, Mary Gannon**  
**Grace Episcopal, Margery Van Court**  
**Hilltop Church, Ginny Gilman**  
**Morristown Jewish Center, Lou Bodian\* and Howard Buxbaum**  
**Morristown Unitarian Fellowship, Susan Oxman**  
**Morristown United Methodist, Andrew Cattano\***  
**Pinebrook Jewish Center, Judy Milstein**  
**Presbyterian Church of Chatham, Story Savage**  
**Presbyterian Church of Morristown, Betty Darcy\***  
**St. Catherine of Siena, Jen Scarpati**  
**St. James, Zena Kelly and Christine Peredo**  
**St. Luke's Gladstone, Tom Mulhare**  
**St. Peter's Episcopal Church, Anne Siotka**  
**Temple Beth AM, Jay Grossman**  
**Temple B'Nai Or, Nadine Milberg**  
**Temple Shalom, Alissa Okrent**

## STAFF

<b>Teresa Connolly</b> Executive Director	<b>Maryrose Mullen</b> Community Engagement Coordinator
<b>Lois Nicols</b> Director of Operations	<b>Betty Jones</b> Kitchen Coordinator
<b>Nancy Rudgers</b> Director of Development	<b>Ron Boyum</b> Kitchen Coordinator
<b>Heidi Griffie</b> Director of Volunteer Services	<b>Rasheedah Riddle</b> Kitchen Coordinator
<b>Julie Hess</b> Volunteer and Market Coordinator	<b>Dennis Woodfork</b> Kitchen Coordinator
<b>Tara Ryan</b> Director of Programs and Services	<b>Darnell Tillet</b> Security
<b>Manny Diaz</b> Outreach Worker	<b>Donald Underhill</b> Security
<b>Megan Garcia</b> Outreach Worker	<b>Maurice Underhill</b> Dishwasher and Janitor
<b>Vivian De Los Santos</b> Outreach Worker	<b>Sean Connolly</b> Van Driver
<b>Laura Anderson</b> Office Manager	

\* Indicates Officer